

## About Us

Refreshed Aesthetic Surgery and Refreshed Skincare are a medical practice devoted to aesthetic treatments and cosmetic surgery of the face and neck in Aliso Viejo.

The office is home to **Timothy R. Miller, M.D.**, a double board-certified facial plastic surgeon who has offered Orange County residents facial cosmetic surgery since 2005. He opened this state-of-the-art aesthetic practice to offer women and men a different and unique experience, with a boutique-like feel and charm.

Dr. Miller named the practice "REFRESHED" to emphasize to prospective and current patients his guiding aesthetic philosophy and mission, "to recommend and perform only those procedures that will enhance your features and provide results that will have you looking natural, refreshed, and beautiful, not pulled, altered, or resembling someone unlike yourself."

## Reservation & Cancellation

A credit card is required to schedule and reserve a treatment. As a courtesy, you will receive a reminder for your reservation one to three days prior to your scheduled appointment. Your office appointment is reserved exclusively for you. If you do need to cancel or reschedule please notify us at least 24 hours in advance by calling our office at **949-215-5402** or email **info@lookrefreshed.com**; otherwise a \$50 fee may be charged.



**TIMOTHY R. MILLER, M.D.**  
Double Board Certified Facial Plastic Surgeon

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REFRESH *your Look,*  
REFRESH *your Life*®





## Refreshed Clinical Treatments

### Oxygen O2 Lift .....\$200

This innovative anti-aging oxygen treatment produces gorgeous, luminous skin that feels as healthy as it is radiant. The luxurious treatment infuses oxygen, plant-derived stem cells, peptides and a high concentration of enzymatic botanicals into the skin leaving it luminous, refreshed and rejuvenated after just one treatment!

### 24 Karat Gold Rejuvenation Facial .....\$139

Gold is a remarkable anti-wrinkle protector that has amazing skin-firming effects. The 24k Gold Mask nourishes the skin to help revive natural youthful vibrancy, visibly reduce the appearance of superficial fine lines, combat free radicals, and enhance skin rejuvenation. Great for all skin types.

## Refreshed Spa Facials

### Spa Facial (1 hour) .....\$115

Indulge in our newest facial that will provide you with a lush spa experience. Drawing from a variety of luxurious products, our Esthetician can tailor a unique facial to suit your skincare needs while creating an undeniably soothing experience to melt away daily worries and stress. This treatment can improve skin concerns involving anti-aging, brightening, hydration, acne, or texture to gently revitalize your skin. Relax your mind and body with a 20 minute massage of the face, neck, chest, and arms. You'll leave with revived skin and a peaceful spirit.

### Spa Facial Deluxe (1 hr 25 min) .....\$145

Upgrade to the Deluxe Spa Facial to receive the same benefits as the facial listed above as well as an extended 40 minute massage of the face, neck, chest, and arms. Enjoy prolonged relaxation and a deluxe spa experience to aid in easing tension in the face, upper body, and mind.

## COMPLIMENTARY Skin Consultation WITH ESTHETICIAN

Complimentary skin consultation to review your skin's health & set goals. Treatment options and product recommendations can be made at this time. 15 to 30 Minutes

## HydraFacial MD®

The **HydraFacial MD®** is a popular non-invasive resurfacing treatment that detoxifies, rejuvenates, and repairs your skin with no downtime or irritation. The multi-step procedure includes the patented Vortex-Fusion serum delivery system and the painless Vortex-Extraction process to remove impurities and dead skin cells. The more advanced **HydraFacial MD®** system is unique to our office. The advanced technology exfoliates, cleans out pores, and hydrates while at the same time infuses essential and vital nutrients into the skin, such as Antioxidants, Peptides, and Hyaluronic Acid. Experience the immediate results!

### HydraFacial MD® Signature ..... \$155

### HydraFacial MD® with SkinCeuticals .....\$225

Integrates the benefits of antioxidants and proprietary corrective solutions to deliver extra hydration and brightening.

### HydraFacial MD® Anti-Aging with DermaBuilder ..... \$250

DermaBuilder contains age-refining peptides to smooth fine lines and enhance skin elasticity

### HydraFacial MD® Brightening with Britenol Complex .....\$250

Britenol Complex delivers a clearer, brighter complexion while diminishing the appearance of brown spots and discoloration.

## Treatment Enhancements & Waxing

Services below are excellent additions to any of our facials or clinical peel treatments

### Facial Waxing (Add-on)

**Brows** .....\$20  
**Lip & Chin** .....\$20  
**Full Face** .....\$35

**Add-On Peel** .....\$75

**Add-On Mask** .....\$35

**LED Lights** .....\$30

**Additional Extractions** .....\$20

## Refreshed Peels

A quick, progressive way to improve the skin's texture, tone and clarity. By removing superficial layers of old skin cells the skin renews itself at a faster rate. Peels are used to address fine lines and wrinkles, acne, scarring, brown spots, melasma and sun damage, in addition to a list of other skin imperfections.

**Refreshed SkinCare** offers a variety of peels, with varying strengths, and purpose, ranging from light, mid-depth to deep. All peels are customized to your skin type and sensitivity. For those with busy schedules, many of our peels can be performed during your "lunch break"—a popular choice.

### Perfect Peel (Medium Peel) ..... \$300

Our most popular peel is a unique blend of many therapeutic ingredients. This exclusive anti-oxidant rich formulation is Perfect for all skin types and will effectively diminish fine lines and wrinkles, reduce pore size, control acne, and remove or reduce brown spots and hyperpigmentation, including melasma.

### Customized Peels (Light Peels) .....\$150+

-Salicylic, Glycolic, Jessner's, Mandelic

### Hand Peel ..... \$125

*Some peel treatments may be recommended in a series of 3 to 6 for optimal results, although a noticeable difference is seen and felt after one treatment.*

## Microdermabrasion

The **Microdermabrasion** treatment is a gentle yet very effective resurfacing therapy with no downtime. Skin is polished and revitalized through a patented vacuum system using tiny crystals. With repeated treatments, microdermabrasion is very effective in refreshing sun damage skin, the appearance of fine lines, acne scars and clogged pores. Additionally, this treatment is an excellent choice before a peel, facial, laser treatment and for pre-surgical patients.

### Single Treatment .....\$130

### Series of 3 .....\$350

## Please Inquire About:

**Our Fractional CO2 Laser Treatments  
Nasal & Facial Vessel Elimination**