About Us

Refresed Aesthetic Surgery and Refreshed Skincare are a medical practice devoted to aesthetic treatments and cosmetic surgery of the face and neck in Aliso Viejo.

The office is home to Timothy R. Miller, M.D., a double board-certified facial plastic surgeon who has offered Orange County residents facial cosmetic surgery since 2005. He opened this state-of-the-art aesthetic practice to offer women and men a different and unique experience, with a boutique-like feel and charm.

Dr. Miller named the practice “REFRESHED” to emphasize to prospective and current patients his guiding aesthetic philosophy and mission, “to recommend and perform only those procedures that will enhance your features and provide results that will have you looking natural, refreshed, and beautiful, not pulled, altered, or resembling someone unlike yourself.”

Reservation & Cancellation

A credit card is required to schedule and reserve a treatment. As a courtesy, you will receive a reminder for your reservation one to three days prior to your scheduled appointment. Your office appointment is reserved exclusively for you. If you do need to cancel or reschedule please notify us at least 24 hours in advance by calling our office at 949-215-5402 or email info@lookrefreshed.com; otherwise a $50 fee may be charged.
### Refreshed Clinical Treatments

**Oxygen O2 Lift** ........................................... $200
This innovative anti-aging oxygen treatment produces gorgeous, luminous skin that feels as healthy as it is radiant. The luxurious treatment infuses oxygen, plant-derived stem cells, peptides and a high concentration of enzymatic botanicals into the skin leaving it luminous, refreshed and rejuvenated after just one treatment!

**24 Karat Gold Rejuvenation Facial** ............... $139
Gold is a remarkable anti-wrinkle protector that has amazing skin-firming effects. The 24K Gold Mask nourishes the skin to help revive natural youthful vibrancy, visibly reduce the appearance of superficial fine lines, combat free radicals, and enhance skin rejuvenation. Great for all skin types.

### Refreshed Spa Facials

**Spa Facial (1 hour)** ................................... $115
Indulge in our newest facial that will provide you with a lush spa experience. Drawing from a variety of luxurious products, our Esthetician can tailor a unique facial to suit your skincare needs while creating an undeniably soothing experience to melt away daily worries and stress. This treatment can improve skin concerns involving anti-aging, brightening, hydration, acne, or texture to gently revitalize your skin. Relax your mind and body with a 20 minute massage of the face, neck, chest, and arms. You’ll leave with revived skin and a peaceful spirit.

**Spa Facial Deluxe (1 hr 25 min)** ................. $145
Upgrade to the Deluxe Spa Facial to receive the same benefits as the facial listed above as well as an extended 40 minute massage of the face, neck, chest, and arms. Enjoy prolonged relaxation and a deluxe spa experience to aid in easing tension in the face, upper body, and mind.

### HydraFacial MD®

The **HydraFacial MD®** is a popular non-invasive resurfacing treatment that detoxifies, rejuvenates, and repairs your skin with no downtime or irritation. The multi-step procedure includes the patented Vortex-Fusion serum delivery system and the painless Vortex-Extraction process to remove impurities and dead skin cells. The more advanced **HydraFacial MD®** system is unique to our office. The advanced technology exfoliates, cleans out pores, and hydrates while at the same time infuses essential and vital nutrients into the skin, such as Antioxidants, Peptides, and Hyaluronic Acid. Experience the immediate results!

- **HydraFacial MD® Signature** ......................... $155
- **HydraFacial MD® with SkinCeuticals** ........ $225
  Integrates the benefits of antioxidants and proprietary corrective solutions to deliver extra hydration and brightening.
- **HydraFacial MD® Anti-Aging with DermaBuilder** $250
  DermaBuilder contains age-refining peptides to smooth fine lines and enhance skin elasticity
- **HydraFacial MD® Brightening with Britenol Complex** $250
  Britenol Complex delivers a clearer, brighter complexion while diminishing the appearance of brown spots and discoloration.

### Treatment Enhancements & Waxing

**Services below are excellent additions to any of our facials or clinical peel treatments**

- **Facial Waxing (Add-on)**
  - **Brows** ................................................. $20
  - **Lip & Chin** ........................................ $20
  - **Full Face** .......................................... $35
- **Add-On Peel** ....................................... $75
- **Add-On Mask** ...................................... $35
- **LED Lights** .......................................... $30
- **Additional Extractions** .......................... $20

### Refreshed Peels

**A quick, progressive way to improve the skin’s texture, tone and clarity.**

**24K Gold Rejuvenation Facial** ............... $139
Gold is a remarkable anti-wrinkle protector that has amazing skin-firming effects. The 24K Gold Mask nourishes the skin to help revive natural youthful vibrancy, visibly reduce the appearance of superficial fine lines, combat free radicals, and enhance skin rejuvenation. Great for all skin types.

**HydraFacial MD®** ........................................... $200
This innovative anti-aging oxygen treatment produces gorgeous, luminous skin that feels as healthy as it is radiant. The luxurious treatment infuses oxygen, plant-derived stem cells, peptides and a high concentration of enzymatic botanicals into the skin leaving it luminous, refreshed and rejuvenated after just one treatment!

**24 Karat Gold Rejuvenation Facial** ............... $139
Gold is a remarkable anti-wrinkle protector that has amazing skin-firming effects. The 24K Gold Mask nourishes the skin to help revive natural youthful vibrancy, visibly reduce the appearance of superficial fine lines, combat free radicals, and enhance skin rejuvenation. Great for all skin types.

**Spa Facial (1 hour)** ................................... $115
Indulge in our newest facial that will provide you with a lush spa experience. Drawing from a variety of luxurious products, our Esthetician can tailor a unique facial to suit your skincare needs while creating an undeniably soothing experience to melt away daily worries and stress. This treatment can improve skin concerns involving anti-aging, brightening, hydration, acne, or texture to gently revitalize your skin. Relax your mind and body with a 20 minute massage of the face, neck, chest, and arms. You’ll leave with revived skin and a peaceful spirit.

**Spa Facial Deluxe (1 hr 25 min)** ................. $145
Upgrade to the Deluxe Spa Facial to receive the same benefits as the facial listed above as well as an extended 40 minute massage of the face, neck, chest, and arms. Enjoy prolonged relaxation and a deluxe spa experience to aid in easing tension in the face, upper body, and mind.

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**24 Karat Gold Rejuvenation Facial** ............... $139
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